# Churchill Elementary School 2018-2019



#### Breakfast Menu 🛹

#### Monday Breakfast Cereal Bar 100% Fruit Juice Box Tuesday Animal Crackers For Chobani Yogurt Tube Fresh Fruit S<sub>O</sub> Wednesday Ultimate Breakfast Round 100% Fruit Juice Box Star Thursday

**Graham Crackers** String Cheese Fresh Fruit

#### Friday

Assorted Muffin 100% Fruit Juice Box



Rising

An additional 1/2 cup of fruit will be offered with breakfast daily.

September

### **Lunch Menu**

#### Monday Mini Maple Pancakes Chicken Sausage Links

100% Fruit/Veg Juice **Baby Carrots** Craisins (R) Seasonal Fresh Fruit

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October

### 100% Beef Burger

**Tuesday** 

Baked Sweet Potato Fries Spring Mix Salad Chilled Fruit Cup Seasonal Fresh Fruit

### Wednesday Personal Cheese Pizza

**Baby Carrots** Steamed Vegetable Applesauce Cup Seasonal Fresh Fruit

### **Thursday** Chicken Filet Sandwich

**Baked Tater Triangles** Fresh Vegetable Chilled Fruit Cup Seasonal Fresh Fruit

## All Natural Beef Hot Dog

Friday

Baked Beans **Baby Carrots** 100% Fruit Juice Seasonal Fresh Fruit

#### Monday

Mini Maple Waffles Chicken Sausage Links

100% Fruit/Veg Juice **Baby Carrots** Raisel Golden Raisins® Seasonal Fresh Fruit

### Tuesday Beef Taco Bowl & **Baked Tortilla Chips**

Black Bean Salad Spring Mix Salad Chilled Fruit Cup Seasonal Fresh Fruit

### Wednesday **Bosco Breadsticks** & Marinara Sauce

**Baby Carrots** Fresh Vegetable Applesauce Cup Seasonal Fresh Fruit

#### **Boneless Chicken Bites Goldfish Crackers**

Thursday

Mashed Potatoes Fresh Vegetable Chilled Fruit Cup Seasonal Fresh Fruit

### Friday Mandarin Chicken Bowl

Spring Mix Salad **Baby Carrots** 100% Fruit Juice Seasonal Fresh Fruit

#### DAILY COLD LUNCH OPTIONS

Yogurt Lunch Pack 🥕	Mon &
Furkey Sandwich Pack	Mon 9

Chef Salad

Pizza Lunch Kit 🥕

Mon & Tues

Wed. Thurs. Fri Wed, Thurs, Fri

### Monday

**Cinnamon Glazed French Toast Sticks** 

**Breakfast Potatoes** 100% Fruit/Veg Juice Craisins (R) Seasonal Fresh Fruit

#### Tuesday

**Popcorn Chicken Smackers** Cocoa Cherry Bar

> **Roasted Chickpeas** Spring Mix Salad Chilled Fruit Cup Seasonal Fresh Fruit

### Wednesday

Cheese Pizza Slice 🚜

**Baby Carrots** Steamed Vegetable Applesauce Cup Seasonal Fresh Fruit

### **Thursday**

**Soft Shell Chicken Tacos** 

**Baby Carrots** Fresh Vegetable Chilled Fruit Cup Seasonal Fresh Fruit

April

#### **Friday**

Seasonal Entrée Special

Frozen Fruit Sidekick Spring Mix Salad 100% Fruit Juice Seasonal Fresh Fruit

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#### Menu Key

🔁 Vegetarian Option



#### Pay Online for School Meals!

Deposits can be made online in the Skyward Family Access module at www.d41.org.
Prepayments can also be made by check or cash to the school office.

#### **Daily Menu Features**

- Choice of cold, refreshing, skim milk daily, 1% white, chocolate, or strawberry available (rBST free)
- Students may choose up to 3 fruits and/or vegetables.
- Assorted varieties of fresh, frozen, canned (in fruit juice) or dried produce.

#### Seasonal Entrée Special

Meat Combo Calzone (Aug - Nov) Homestyle Mac & Cheese (Dec - Feb) Buffalo Boneless Chicken Bites (March - June)

For more information on your school's meal program, visit www.d41foodandnutrition.org OR

please contact: Tess Ngo, District Supervisor tngo@d41.org - or - 630-534-7211

#### **Nutrition Notes**

- ·Milk & yogurt are produced from r-BST free cows. ·Yogurt is made with all natural & non-GMO ·All-natural beef hot dog is free of added nitrates.
- ·All-natural chicken sausage links.
- ·Clean label 100% Beef Burger contains only beef &
- ·Mini maple pancakes & waffles are free of artificial color and flavors.
- French Toast sticks are free of high fructose corn
- ·Chicken products are made with whole muscle ·All grain items served on our menu are whole grain.

No Meal Service: S- Sip Day Ion Attendance Day: X enu Subject to Change.

#### **Meal Prices**

Student Price: \$2.85 Reduced Price: \$0.40 Milk Only: \$0.35

All Meal Prices include milk.



